

Meeting
JESUS
again



**The Universal Centre of Truth
for Better Living**
15 Collins Green Avenue
Kingston 5, Jamaica

UNIVERSAL CENTRE OF TRUTH FOR BETTER LIVING

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SUNDAY WORSHIP CELEBRATION

Sunday, March 3, 2024, at 10:30 a.m.

THEME FOR THE YEAR

THE AUDACITY TO BE MORE IN 2024

Theme for Lent 2024

Meeting Jesus, Again

Today's Lesson

Jesus Chose Gratitude, Not Worry

Meditation

Peter Hylton

Platform Chair

Rev. Jomain McKenzie

Musical Prelude

The Call To Worship

"Don't worry about anything, but pray and ask God for every...[perceived] need, always giving thanks for what you have." Philipians 4:6 (ERV)

Musical Interlude

Let's Pray

Musical Interlude

Welcome

Acknowledgement of First-Time Guests

Affirmative Statement

My reliance is on God.

My faith is in God, and I depend only on God.

I am one with God.

I am one with all people.
I am one with all life.
I am one with the One.

Daily Inspiration, pg. 17

What We Believe (UFBL Statement of Faith #1)

(Music: Joy Mechanics)

We Believe that it is God's will that every individual on the face of this earth should live a healthy, happy, and prosperous life.

Congregational Song

"We Lift Our Hands in the Sanctuary"

We lift our hands in the sanctuary.
We lift our hands to give You the glory.
We lift our hands to give You the praise,
and we will praise You for the rest of our days;
Yes, we will praise You for the rest of our days.

* additional verses:

(We clap our hands...; We sing our song ...)

Spirit, we give You the praise.
Emmanuel, we lift up Your name,
Heavenly Father, Lord God Creator;
and we will praise You for the rest of our days,
Yes, we will praise You for the rest of our days.

Hallelujah in the sanctuary
Hallelujah we give you the glory
Hallelujah we give you the praise
And we will praise you for the rest of our days
Yes, we will praise you for the rest of our days

Spirit, we give You the praise.
Emmanuel, we lift up Your name,
Heavenly Father, Lord God Creator;
and we will praise You for the rest of our days,
Yes, we will praise You for the rest of our days.

Yes, yes Lord for the rest of our days
Hallelujah, hallelujah, hallelujah
For the rest of our days

Announcements
SPIRITUAL COMMUNION

Purification

Leader: Jesus spoke to us of the importance of purity when he said, "Blessed are the pure in heart, for they will see God." (Matt. 5:8)

Response: The forgiving love of Jesus Christ purifies my heart and my past. I AM whole and free! As I fully and freely forgive myself and others, so in turn am I fully and freely forgiven.

Musical Interlude

"I Forgive Me"

I forgive me. I forgive me.
Everything that I've been holding on to,
I let go.
I surrender. I surrender.
I'm ready for my change.

Appropriation

Leader: Jesus, sharing bread with his disciples, said "...Take, eat..." (Matt. 26:26)

Response: With these words, I take in the bread of life that represents the substance of God. I open my mind and heart to God's substance as a reality here and now and every seeming need in my life is fulfilled. I AM whole in mind and body. My mind and heart are filled with the Truth of Christ.

Leader: Jesus, sharing wine with his disciples, said "...Drink from it, all of you;" (Matt. 26:27)

Response: With these words, I drink the new wine of Spirit which represents life eternal. I AM filled with the revitalizing life of God. The One life of God is my life right now.

Musical Interlude

"Spirit of the Living God, Fill Me Anew"

Spirit of the Living God,

Fall afresh on me;
Spirit of the Living God,
Fall afresh on me.
Fill me anew,
Fill me anew.
Spirit of the Lord
Fall afresh on me.

Consecration

Leader: "... Christ in you, the hope of glory." (Col. 1:27)

Response: In faith and gratitude, I dedicate and reconsecrate myself to the will and the work of the Christ presence in me, and to the unfoldment of my Christ nature. I AM at peace.

Musical Interlude

"Bless the Lord"

Bless the Lord,
O my soul
And all that is within me
Bless God's holy name
God has done great things,
God has done great things,
God has done great things.
Bless God's holy name.

Scripture Reading

Matthew 6:24-33

"No one can serve two masters. Either you will hate the one and love the other, or you will be loyal to the one and have contempt for the other. You cannot serve God and wealth."

Worry about necessities

"Therefore, I say to you, don't worry about your life, what you'll eat or what you'll drink, or about your body, what you'll wear. Isn't life more than food and the body more than clothes? Look at the birds in the sky. They don't sow seed or harvest grain or gather crops into barns. Yet your heavenly Father feeds them. Aren't you worth much more than they are? Who among you by worrying can add a single moment to your life? And why do you worry about clothes? Notice how the lilies in the field grow. They don't wear themselves out with work, and they don't spin cloth."

But I say to you that even Solomon in all of his splendor wasn't dressed like one of these. If God dresses grass in the field so beautifully, even though it's alive today and tomorrow it's thrown into the furnace, won't God do much more for you, you people of weak faith? Therefore, don't worry and say, 'What are we going to eat?' or 'What are we going to drink?' or 'What are we going to wear?' Gentiles long for all these things. Your heavenly Father knows that you need them. Instead, desire first and foremost God's kingdom and God's righteousness, and all these things will be given to you as well."

Lesson Sermon

Jesus Chose Gratitude, Not Worry

The Rev. Sheila R. McKeithen, J.D.

Introductory Remarks:

On this 3rd Sunday of LENT, we walk with Jesus observing all that is happening around us (physical environment) and our response to it. Jesus encourages us to TRUST GOD rather than circumstances. When we do, we withdraw our energy from anxious and worrisome thoughts, feelings, words and responses and energise our prayers, praise and gratitude. Who's walking with Jesus this week?

Major Points of the Lesson:

1. Anxiety and worry are not our birthright.
2. Anxiety and worry are released when we trust God—All the WAY!

Quote: *"Become open and receptive to God's continuously flowing good by giving praise and thanksgiving for the perfect blessing behind every appearance of evil or good."* *A Closer Walk With Jesus*, pg. 91

Your Notes:

Musical Inspiration

Blessing of Tithes, Love Offerings, Supporting Gifts

Reflections

Benediction

See You Next Week

**Lesson: Jesus Chose God's Grace and Fear Faded into
Nothingness**