

*Meeting*  
**JESUS**  
*again*



**The Universal Centre of Truth  
for Better Living**  
15 Collins Green Avenue  
Kingston 5, Jamaica

# **UNIVERSAL CENTRE OF TRUTH FOR BETTER LIVING**

15 Collins Green Avenue, Kingston 5, Jamaica

W: [uctruthjamaica.org](http://uctruthjamaica.org), E: [admin@uctruthjamaica.org](mailto:admin@uctruthjamaica.org)

P: (876) 978-1143/927-6708

## **SUNDAY WORSHIP CELEBRATION**

Sunday, March 3, 2024, at 10:30 a.m.

### **THEME FOR THE YEAR**

THE AUDACITY TO BE MORE IN 2024

### **Theme for Lent 2024**

Meeting Jesus, Again

### **Today's Lesson**

Jesus Chose Gratitude, Not Worry

### **Meditation**

Peter Hylton

### **Platform Chair**

Rev. Jomain McKenzie

### **Musical Prelude**

### **The Call To Worship**

*"Don't worry about anything, but pray and ask God for every...[perceived] need, always giving thanks for what you have." Philipians 4:6 (ERV)*

### **Musical Interlude**

### **Let's Pray**

### **Musical Interlude**

### **Welcome**

### **Acknowledgement of First-Time Guests**

### **Affirmative Statement**

My reliance is on God.

My faith is in God, and I depend only on God.

I am one with God.

I am one with all people.  
I am one with all life.  
I am one with the One.

## **Daily Inspiration, pg. 17**

### **What We Believe** (UFBL Statement of Faith #1)

(Music: Joy Mechanics)

**We Believe** that it is God's will that every individual on the face of this earth should live a healthy, happy, and prosperous life.

### **Congregational Song**

"We Lift Our Hands in the Sanctuary"

We lift our hands in the sanctuary.  
We lift our hands to give You the glory.  
We lift our hands to give You the praise,  
and we will praise You for the rest of our days;  
Yes, we will praise You for the rest of our days.

\* additional verses:

(We clap our hands...; We sing our song ...)

Spirit, we give You the praise.  
Emmanuel, we lift up Your name,  
Heavenly Father, Lord God Creator;  
and we will praise You for the rest of our days,  
Yes, we will praise You for the rest of our days.

Hallelujah in the sanctuary  
Hallelujah we give you the glory  
Hallelujah we give you the praise  
And we will praise you for the rest of our days  
Yes, we will praise you for the rest of our days

Spirit, we give You the praise.  
Emmanuel, we lift up Your name,  
Heavenly Father, Lord God Creator;  
and we will praise You for the rest of our days,  
Yes, we will praise You for the rest of our days.

Yes, yes Lord for the rest of our days  
Hallelujah, hallelujah, hallelujah  
For the rest of our days

**Announcements**  
**SPIRITUAL COMMUNION**

**Purification**

**Leader:** Jesus spoke to us of the importance of purity when he said, "Blessed are the pure in heart, for they will see God." (Matt. 5:8)

**Response:** The forgiving love of Jesus Christ purifies my heart and my past. I AM whole and free! As I fully and freely forgive myself and others, so in turn am I fully and freely forgiven.

**Musical Interlude**

"I Forgive Me"

I forgive me. I forgive me.  
Everything that I've been holding on to,  
I let go.  
I surrender. I surrender.  
I'm ready for my change.

**Appropriation**

**Leader:** Jesus, sharing bread with his disciples, said "...Take, eat..." (Matt. 26:26)

**Response:** With these words, I take in the bread of life that represents the substance of God. I open my mind and heart to God's substance as a reality here and now and every seeming need in my life is fulfilled. I AM whole in mind and body. My mind and heart are filled with the Truth of Christ.

**Leader:** Jesus, sharing wine with his disciples, said "...Drink from it, all of you;" (Matt. 26:27)

**Response:** With these words, I drink the new wine of Spirit which represents life eternal. I AM filled with the revitalizing life of God. The One life of God is my life right now.

**Musical Interlude**

"Spirit of the Living God, Fill Me Anew"

Spirit of the Living God,

Fall afresh on me;  
Spirit of the Living God,  
Fall afresh on me.  
Fill me anew,  
Fill me anew.  
Spirit of the Lord  
Fall afresh on me.

### **Consecration**

**Leader:** "... Christ in you, the hope of glory." (Col. 1:27)

**Response:** In faith and gratitude, I dedicate and reconsecrate myself to the will and the work of the Christ presence in me, and to the unfoldment of my Christ nature. I AM at peace.

### **Musical Interlude**

"Bless the Lord"

Bless the Lord,  
O my soul  
And all that is within me  
Bless God's holy name  
God has done great things,  
God has done great things,  
God has done great things.  
Bless God's holy name.

### **Scripture Reading**

Matthew 6:24-33

*"No one can serve two masters. Either you will hate the one and love the other, or you will be loyal to the one and have contempt for the other. You cannot serve God and wealth."*

### **Worry about necessities**

*"Therefore, I say to you, don't worry about your life, what you'll eat or what you'll drink, or about your body, what you'll wear. Isn't life more than food and the body more than clothes? Look at the birds in the sky. They don't sow seed or harvest grain or gather crops into barns. Yet your heavenly Father feeds them. Aren't you worth much more than they are? Who among you by worrying can add a single moment to your life? And why do you worry about clothes? Notice how the lilies in the field grow. They don't wear themselves out with work, and they don't spin cloth."*

*But I say to you that even Solomon in all of his splendor wasn't dressed like one of these. If God dresses grass in the field so beautifully, even though it's alive today and tomorrow it's thrown into the furnace, won't God do much more for you, you people of weak faith? Therefore, don't worry and say, 'What are we going to eat?' or 'What are we going to drink?' or 'What are we going to wear?' Gentiles long for all these things. Your heavenly Father knows that you need them. Instead, desire first and foremost God's kingdom and God's righteousness, and all these things will be given to you as well."*

### **Lesson Sermon**

Jesus Chose Gratitude, Not Worry

The Rev. Sheila R. McKeithen, J.D.

#### **Introductory Remarks:**

On this 3rd Sunday of LENT, we walk with Jesus observing all that is happening around us (physical environment) and our response to it. Jesus encourages us to TRUST GOD rather than circumstances. When we do, we withdraw our energy from anxious and worrisome thoughts, feelings, words and responses and energise our prayers, praise and gratitude. Who's walking with Jesus this week?

#### **Major Points of the Lesson:**

1. Anxiety and worry are not our birthright.
2. Anxiety and worry are released when we trust God—All the WAY!

**Quote:** *"Become open and receptive to God's continuously flowing good by giving praise and thanksgiving for the perfect blessing behind every appearance of evil or good."* *A Closer Walk With Jesus*, pg. 91

#### **Your Notes:**

---

---

---

---

---

---

---

---

---

---

---

---

**Musical Inspiration**

**Blessing of Tithes, Love Offerings, Supporting Gifts**

**Reflections**

**Benediction**

***See You Next Week***

**Lesson: Jesus Chose God's Grace and Fear Faded into  
Nothingness**